



# My Holy Supper

## Lap Book

Christ is Born!

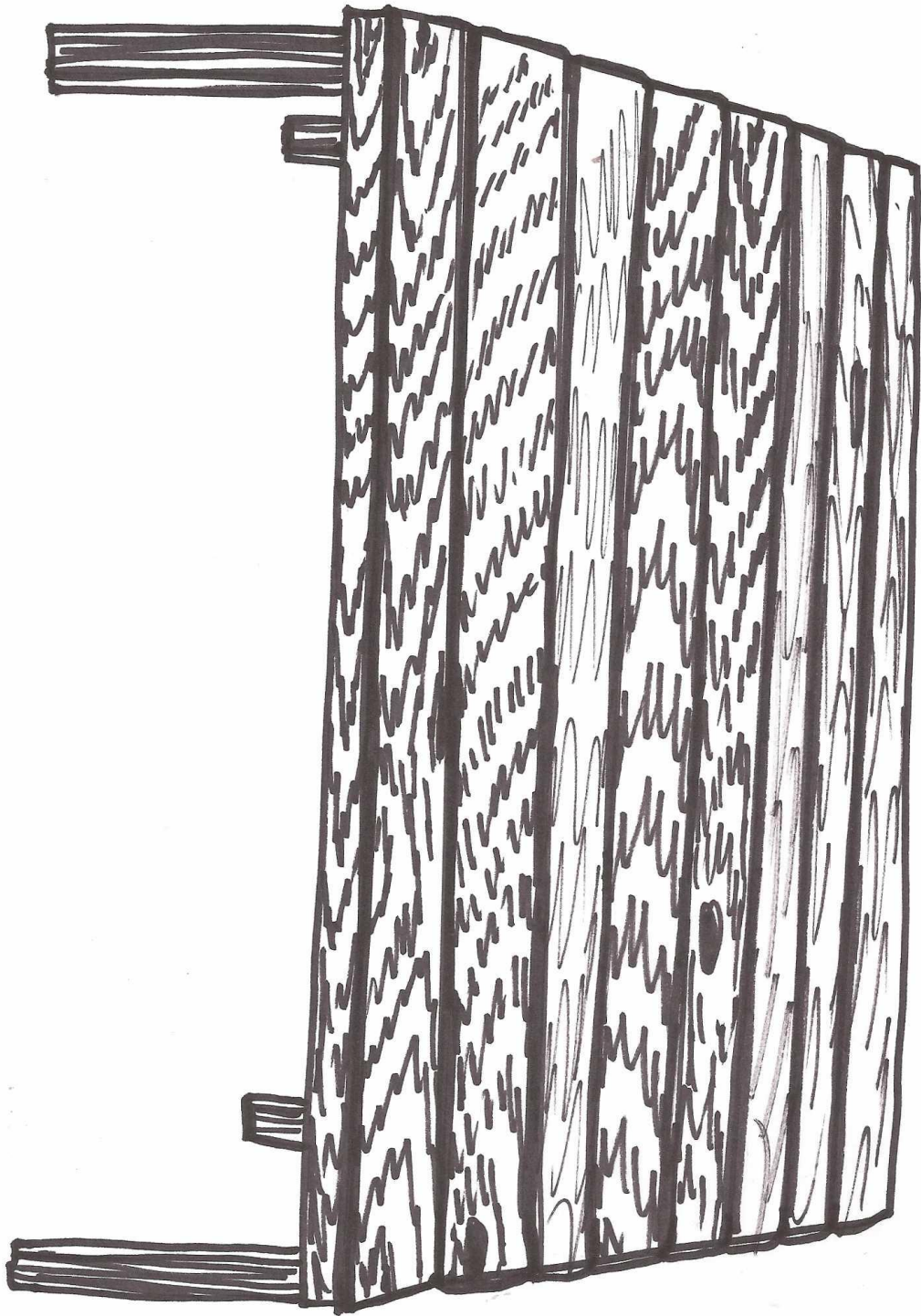
Glorify Him!

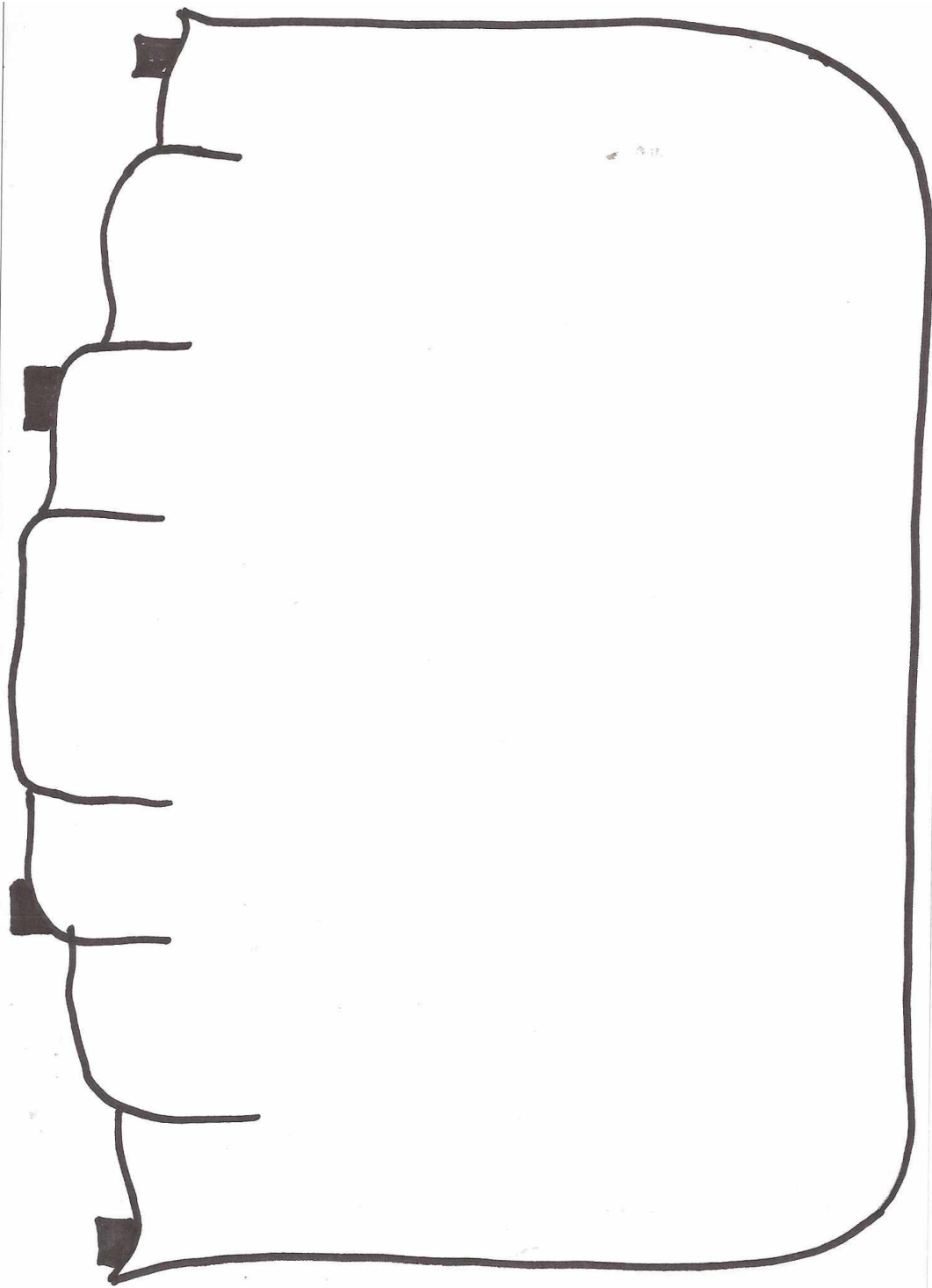


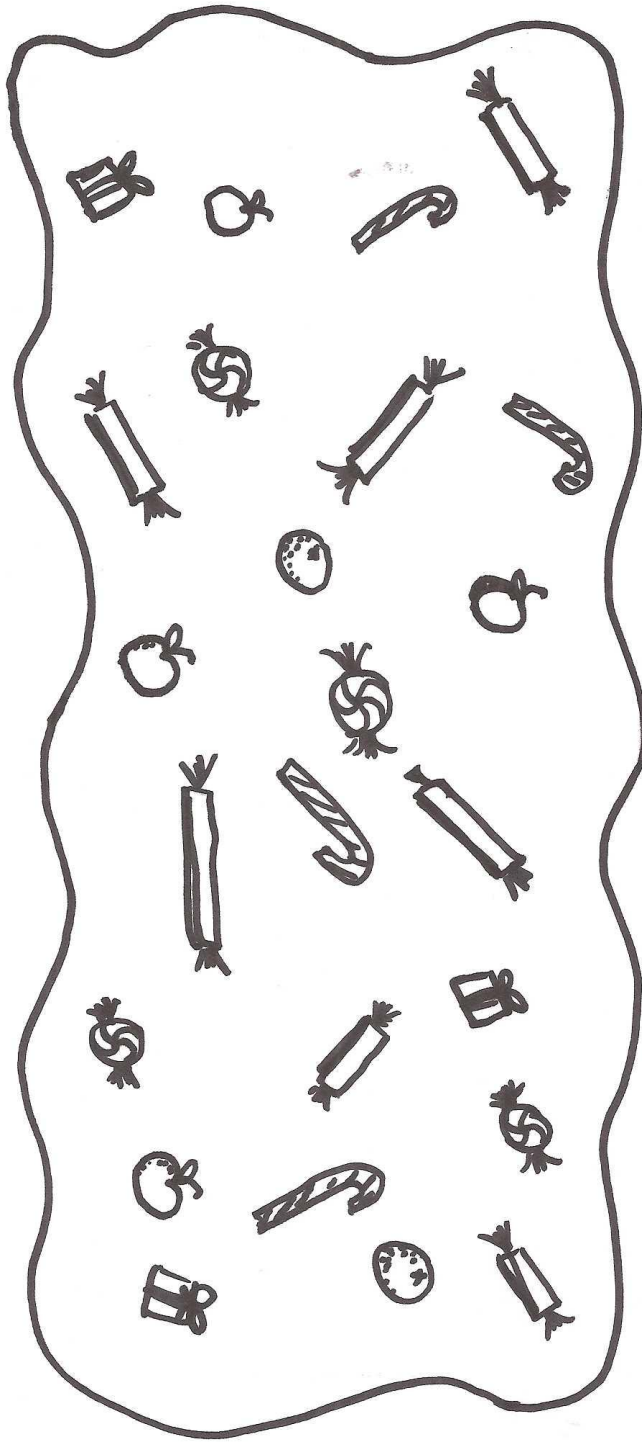
By \_\_\_\_\_

In the Year \_\_\_\_\_









(fold and paste on the dotted line)



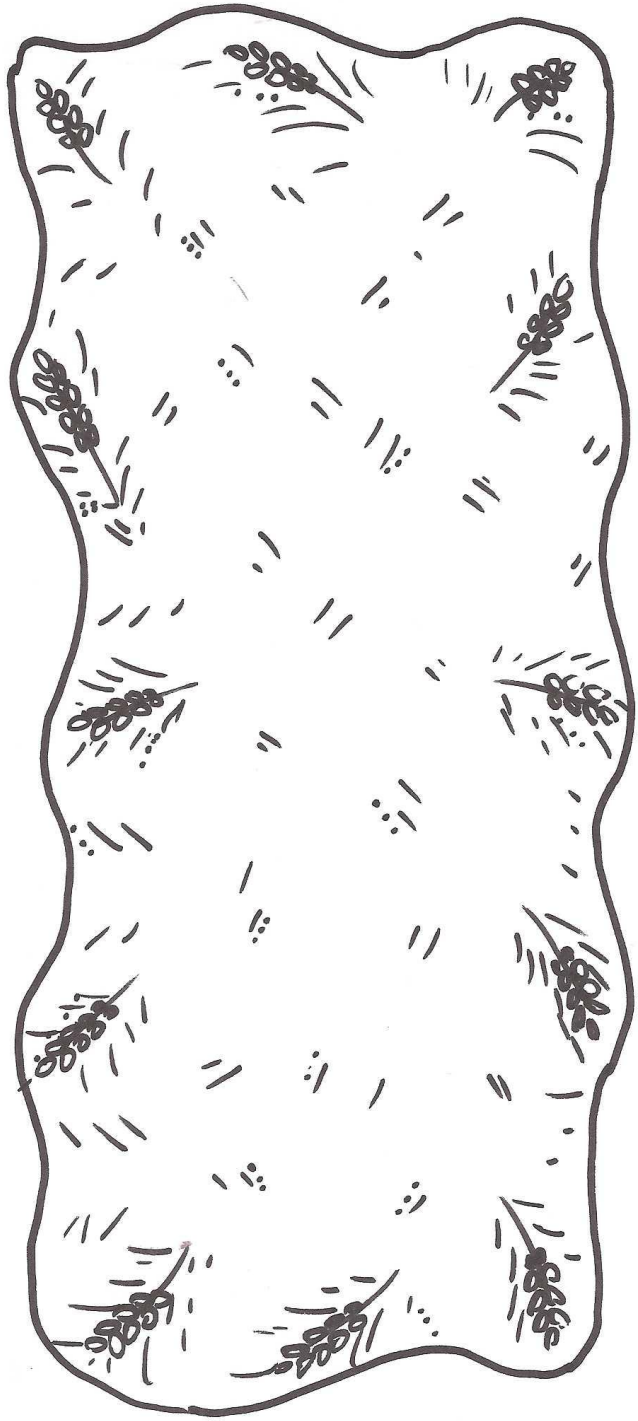
We place a WHITE TABLECLOTH on our Holy Supper table to remind us of the SWADDLING CLOTHES in which Our Lord Jesus was wrapped on the night that He was born to the Most Holy Theotokos, the Ever-Virgin Mary, in the cave in Bethlehem.

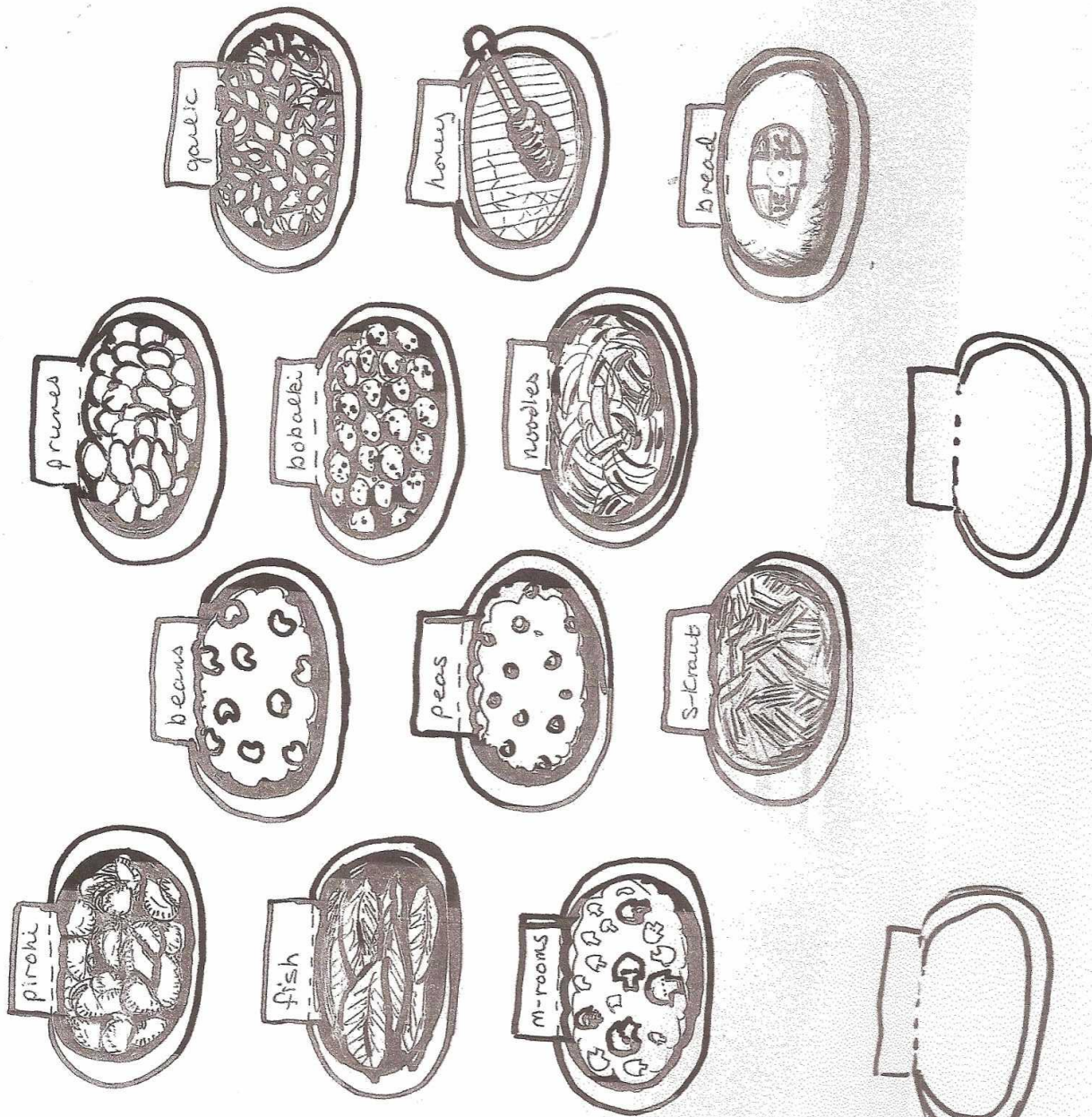
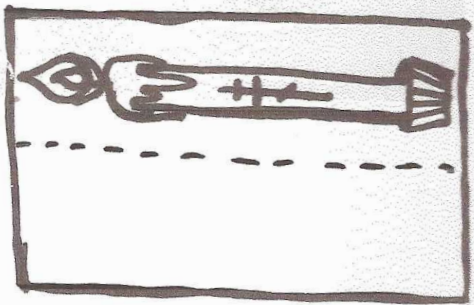


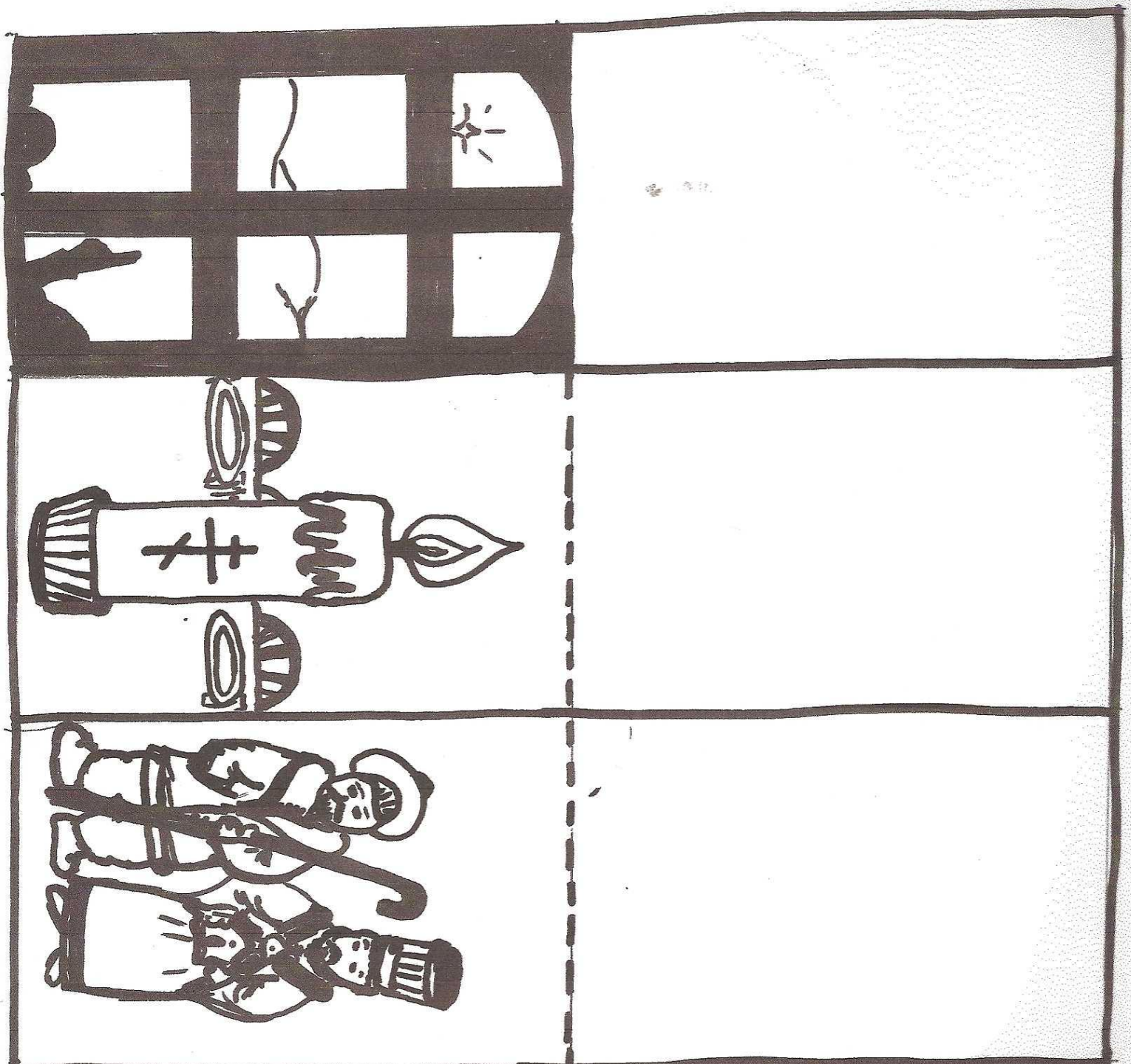
There are GIFTS, like candy, fruit, nuts and small toys hidden beneath the straw to remind us of the gifts that the Magi from the east brought to the newborn King. The children may search for them after dinner!



We lay fresh clean STRAW on the tablecloth to remind us of the straw which was in the manger. Christ was laid in a manger, a feeding trough for the animals, to remind us that He would become our food in the Eucharist.







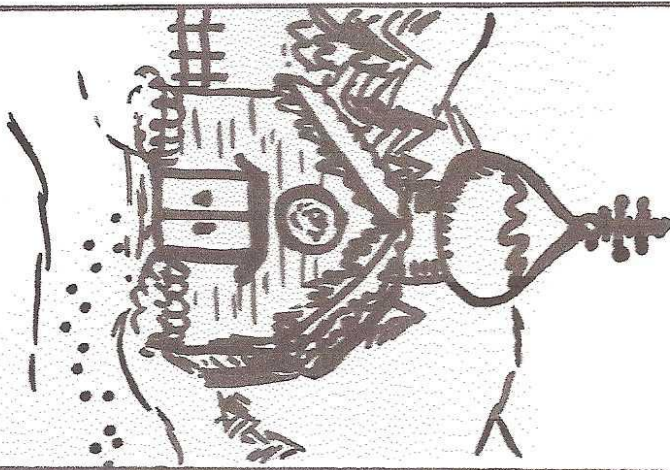
When the children  
spot the first star in  
the sky, the  
Holy Supper may  
begin.

Christ is Born!  
Glorify Him!

Once the candle is lit,  
no one may leave the  
table until supper is  
over and it is blown out.  
You must try every  
dish!

Carolers called *Kubi*  
may come after  
supper and perform  
a play about how the  
angels announced  
the Good News to  
the shepherds.





After supper, we go to  
Church for Compline and  
Divine Liturgy.

*God is With Us! God is With Us!  
Understand all ye nations, and  
submit yourselves, for God Is With  
Us!*

Before we eat, We ask God's blessing upon the coming year. We sing  
the Christmas Troparion:

*Your birth, O Christ Our God, has shed upon the  
world the light of knowledge, for through it those  
who worshipped the stars have learned from a star  
to worship You the Son of Justice, and to  
recognize You as the Orient from on high, Glory to  
You, O Lord!*

## Holy Supper Lap Book Instructions

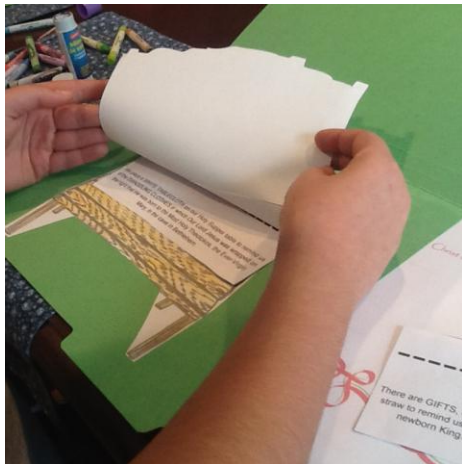
Everything you will need to make this keepsake lap book are printed in this document except a standard file folder into which to paste everything, a glue stick to paste them with, and some crayons or colored pencils to decorate the items on your supper table.

**Step 1:** Color your dinner table and cut it out. Paste it onto the lower half of your file folder as shown.



table, so that the tablecloth covers it nicely.

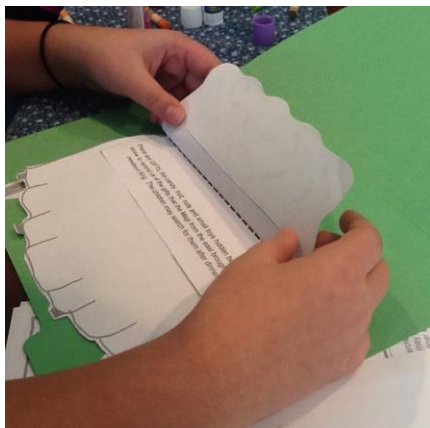
**Step 2:** Cut out the white table cloth and the three hinges, which are found on the next page, describing the tablecloth, the gifts, and the straw. Take the hinge for the tablecloth and fold along the dotted line toward the side with the printing. This small face will be glued to the back of the tablecloth, as far up on the top edge as possible. Next, flip the whole thing over, and glue the back of the printed side to the



**Step 3:** Color the gifts of fruit, nuts and candy which will be placed on the table cloth, and cut it out.

Using the hinge which describes the gifts, fold along the dotted line in the same way, gluing the small edge to the very top of the back of the gifts. Flip the whole thing over, once again, and glue the back of the printed side to the very top edge of the tablecloth, so it opens easily,

revealing the description beneath.



**Step 4:** Color the straw and cut it out. Using the last hinge in the same way, fold and glue it to the very top edge of the gifts flap so that it can be easily opened to reveal the description of the straw.





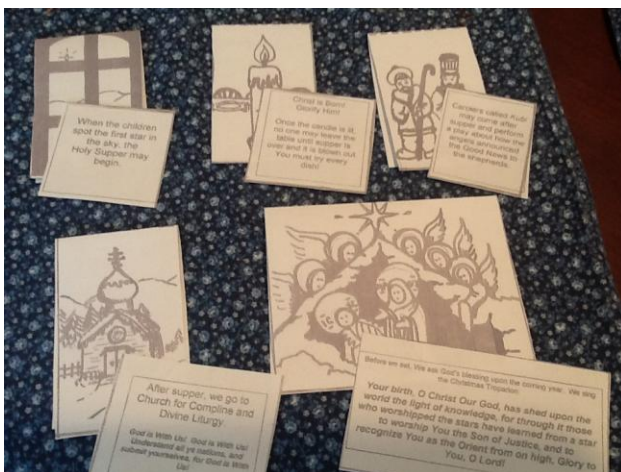
**Step 5:** Now your Holy Supper Table is ready to be set! Color in the dishes as you would like. These dishes are what my Carpatho-Rusyn family traditionally serves, but there are some dishes left empty for you to include those you like, which are not included! When you are finished coloring, cut out the dishes, being sure to cut out the little tab at the top. Fold these over, behind the dish and using your glue stick, attach each flap to the table, so the dish can be lifted like a flap. Be sure to cut out the candle and fold along the dotted line to place the candle in the center of the table, so the flap opens. You will find another page



which has little squares which describe each dish. Cut these out, as well as the description for the candle, and paste the correct one under each dish flap. When you lift each little dish, you can read a description of what's in it!



**Step 6:** There are five larger flaps to color and cut out which will be placed on the top of your file folder. These will reveal some fun facts about our Christmas Eve! Fold these along the dotted line and glue them into place, as shown. Once they are glued in, cut out each description, then match each picture with the descriptions provided and glue them under the flaps.



**Step 7:** If you like, you can draw your own family around the Holy Supper Table!



Be sure to paste the cover on the front of your lap book and mark it with your name and the date so you can remember the fun you had making it!