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02 Byzi Kids // FEB 2021

Dear ByziParents,

As we approach Great Lent and begin to set our material world aside a bit in order to think more about eternal life, we encounter the six Saturdays set aside for the remembrance of the dead. This can be a particularly sensitive topic for our little ones, especially if they have experienced a loss of their own.

I remember being a little girl who played "funeral" with my brother and sisters, as most children do, as we buried the departed animals we found around our rural property like worms, birds, snakes and the like. My brother would put on his superhero cape and take the part of the priest while my sisters and I would become the choir of mourners who sang Eternal Memory at the top of our lungs for the poor departed animals. After we gave them a proper burial behind the shed, my mom would make us popcorn as a repast. I wonder what she thought of us at the time, but I know she understood that children often act out things in order to understand them better. We needed to understand what "departed" was. What did Eternal Memory mean? Why do we sing it? What happens? We asked a lot of questions at those repasts and my mother did her best to answer us gently, but honestly.

It helps us all to better confront the concept of death by setting aside and observing these six All Souls Saturdays during the year. We all have someone we know and love among the dead and it helps us, and them as well, to remember them and to offer prayers for the benefit of their souls. Making koliva (kutia) is a wonderful tradition that Ive only just rediscovered. It is a slow, prayerful, and loving task and it no doubt soothes the sad hearts of those who make it. So much to ponder. So much to try to understand.

We do our best to address this topic with the tenderness and sensitivity it deserves, especially considering our young readership. We hope you find it a helpful tool as you navigate the All Souls Saturdays this lenten season

Have a blessed and fruitful fast!

The Crafting of the Precious Soul THAT 1S YOU!

Do you remember listening to the Gospel of the genealogy of Christ when Matthew told us all about who begot whom and pointed out the 14 generations three times? He was pointing to the fact that, even by His ancestry, Christ was proving to us that He was the promised son David, who would redeem Israel! God proved to us in the orchestration of Christ's family how He controls our coming and going; God crafts our very being over generations to become the unique individuals we are, in the time that was chosen by God, just for us! How special we all must be! No two people are alike; each is a priceless and precious creation, crafted by the Master for a specific purpose and place in the Kingdom.

THE MAKING OF A FAMILY ICON

Each member of our family has a specific patron saint. A patron saint is one whose name we were given at our baptism or whom we have chosen as our special heavenly friend. To construct a family icon, we have collected prints of each of our family patrons and have placed them on a craft board. Your icon can be as elaborate or simple as you desire. The goal is to become acquainted with each of your family's patron saints and understand how your family's structure is critical in making YOU the unique individual you are!

As an example, here is a photo of the icon my children and I made to commemorate our family patrons.



THE TOP ROW of your family icon will be where you will place the icon prints of your grandparent's patron saints.

THE MIDDLE ROW is where your parents' patronal icons are placed; Mom's on the left, and Dad's on the right. (Here, we have an icon of the saint whose feast is celebrated on the day my husband and I got married. She is our special patron saint!)

THE BOTTOM ROW is where you can place the icon of YOUR patron saint and the patronal icons of each of your brothers and sisters!

This unique Family Icon can be an excellent tool for prayer each day as you remember to ask God for blessings upon each of your family members, whether they live with you or have departed for eternal life.

Written by Lynne Wardach

PRESENTLY...



noble home functioned as a museum.

She was a perfect hostess to thousands of guests visiting her home each year. Purring softly, she would rub up against tourists and dignitaries without distinction. The locals all knew and loved her, but she launched onto the world stage when she greeted former U.S. President Barack Obama on his visit in 2009.

The world-famous feline died on November 7, 2020, shortly after the Byzantine cathedral was converted to a mosque. She was 16 years old.

Gli lived in these halls with her two siblings since they were born in 2004 and had become something like a mascot to the tourists. Being an excellent hunter, she feasted on the many birds that flew under the great lofted domes and was often seen with a mouth full of feathers.

She even had a loyal following on social media with more than 135 thousand followers on Instagram and several Youtube videos dedicated to her.

When the Turkish government decided to convert Hagia Sophia into a mosque, Christians had many serious concerns.



Would Christians be allowed to enter their Holy Cathedral? What would happen to the priceless and historical art? Surprisingly, talking about Gli's wellbeing also entered the discussion.

Turkish Presidential spokesman Ibrahim Kalm assured the public that Gli would be well cared for. "That cat has become very famous, and there are others who haven't' become that famous yet. That cat will be there, and all cats are welcome to our mosques," he said.

Still, many were concerned because animals often have difficulty adjusting to major changes in their home --especially elderly animals.

A handler posted on Gli's Instagram page on September 9 to let her fans know that Gli, the European Shorthair cat, had been sick for some time and was being cared for by veterinary specialists. They had moved her to a private room away from the crowds. But Gli was old for a cat, and she couldn't hold on much longer. Thousands of well-wishers chimed in on her page on November 7 when it was announced that she had passed away.

"RIP little Angel," one fan wrote.

Gli was buried on the Hagia Sophia grounds and took her place with other well-loved cats of Istanbul.

SATURDAYS OF THE DEAD

Music and Lyrics by Sylvia Dorham All Rights Reserved ©2021



SCAN TO HEAR





On Saturdays of the Dead
Tell us what the elders said
Tell the stories of their lives
Tell how they loved Jesus Christ.

Gran and Grampa, old Aunt Lou Ms. Josephine and Tyler, too Friends and family that we love Who have died and gone above

Saturdays of the Dead Saturdays of the Dead

Write their names in one long list
Let not a single one be missed
Bring your list to Church and priest
Light the candles, bless the wheat

Place a photo prominently
Visit at the cemetery
This is how we honor those
Who have passed into repose

Now they sit with Christ and wait Until we meet at Heaven's gate

Saturdays of the Dead Saturdays of the Dead

Some weeks before we start
Great Lent
And the day before Pentecost is
meant By "Saturdays of the Dead"
Saturdays of the Dead

A Simple Dish

The **Armenian** people tell a story about the last days aboard Noah's Ark. They had been at sea for a long time. The food was beginning to run very low, so he gathered everything left aboard the ark to feed both people and animals. He took the grain, the dried out fruits, and nuts, and threw them into a big pot together and made a wonderful dish that they still make today called Noah's Pudding, or Anoush Abour. The legend says that once all were fed, the rains stopped, and land, the peak of Mount Ararat, was finally spotted from the ark. Muslims and Christians both mention Noah and the Great Flood in their holy writings, and both cultures make the dish. Because of the combination of absolutely everything the people and the animals had to eat upon the ark, this dish has become a symbol of unity among all Armenian people.

The people of Sicily call it Cuccia, and tell a completely different story about the same dish! There was a terrible famine in Syracuse, and because Saint Lucy is their patron saint, they began to beg her intercession before God so they would not starve. Soon, a ship arrived in the harbor that was filled with wheat! The townspeople were so hungry, they didn't grind the wheat into flour to make their usual bread and pasta, but boiled it whole and ate it simply dressed with whatever olive oil they may have had on hand and found that it was good! Later, they began to make it that way on purpose, sometimes adding chickpeas or beans, honey or even chocolate, as a memorial of how good God had been to them through the intercession of their dear St Lucy. They are sure to make this for her feast day, December 13, each year, and no bread or pasta is allowed that day.

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As Orthodox we have our own story of this same recipe! During the persecution of Christians, which occurred soon after the Resurrection, the people of Constantinople began the season of Great Lent, and so they began to fast. The wicked emperor wished to trick them into sinning, so he consecrated all of the food in the marketplace to idols, thinking that the Christians would either eat the idol offering or starve. However, God thwarted his plan when he sent the soul of a deceased soldier named Theodore to visit the Patriarch of Constantinople in a dream to warn him. Theodore told the patriarch not to buy anything that week but to boil the wheat they had saved and mix it with honey and sustain themselves with only that. This was the first Koliva! The next day, the first Saturday of the Fast, they did just that. How wonderfully God provided for His faithful people! We commemorate this event by making Koliva on the first Saturday of Great Lent each year! The addition of different ingredients in this universal dish varies according to the culture of the people making it.

Ukrainians call it Kutia and make it on Christmas Eve as well, sometimes with barley or rice, cranberries, and poppy seeds. The tastier the Kutia, the more successful the coming year will be!

Slavs make their kutia with rice instead of wheat, adding honey, vanilla, raisins, ground poppy seeds, and nuts.

Polish also make it on Christmas Eve with wheat or barley, poppy seeds, dried fruits, and sometimes cream.

Romanians use wheat berries and add walnuts and raisins, but also orange and lemon zest.

Serbs make it pretty simply with wheat and honey, vanilla, and ground nuts.

Arabs add chickpeas, or chickpea flour, to their boiled wheat. They add spices like cinnamon, anise seeds, licorice, almonds, and candies.

Greeks add sesame seeds, cinnamon, nutmeg, parsley and candied almonds, raisins, and pomegranate seeds too!

This dish is served all around the world in some fashion, as a way to remember our connection to God and each other. Because Jesus told us that "unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but when it dies, it produces much fruit," we have also come to regard this dish as a memorial one to commemorate the fruit of the lives of our departed loved ones! We solemnly make this dish like a whitewashed tomb by covering it with dry crumbs (graham crackers work best for this) then dusting it with powdered sugar. Then we decorate the dish with anything we like, and as we make it, decorate it and eat it, we can remember and pray.

You can do this every Saturday, the day of the week set aside by the Church to remember the departed souls when you make your oatmeal!



Cover your oatmeal, cream of wheat, or whatever cooked breakfast grain YOU like, with the crumbs of a crushed graham cracker, then dust it with powdered sugar and decorate with almonds, raisins, etc. And remember the souls of the departed when you say the blessing!

-Written by Lynne Wardach

All Souls Candle Craft

Did you know that every Saturday is dedicated to the remembrance of the souls of all those who have departed for Eternal Life before us?

We remember the dead on Saturdays because Jesus's body lay in the tomb for the entirety of that day.

You can make this decoration for your prayer table so you can remember the souls of the departed when you say your prayers on Saturdays too!

"...Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit." JOHN 12:24

Cut out the label below.

If you like, you can write the names of the souls you would like to especially remember on the lines provided on either side of the label.

Use a gluestick to fix it to the outside of a glass jar, then you can put a battery-operated votive candle (or a real votive candle...but ONLY when adults are present and say it's ok!) inside the jar to use your memorial candle safely while you say your prayers!

- Written by Lynne Wardach

With the Saints, 0 Christ, give rest to your servants where there is no pain, no sorrow, nor nourning, but life everlasting!

All Souls

"Christ is Risen from the dead, trampling down death by death."

"Christ is Risen from the dead, trampling down death by death." is something that you hopefully remember hearing during Liturgy many times, especially around Pascha. We chant this to remember that Christ defeated death, and in doing so, He also saved us. Death has been defeated by Christ, which is why we pray for our departed loved ones. Some people might think it's strange to pray for those who have died, but we know that as Christians, the souls of the dead live on; that is why as we pray for the living, it is only right to pray for departed souls as well.

Specifically, we pray for these departed loved ones by giving services called the Panikhida. The core prayer at the heart of these services is "Lord have mercy." This prayer is perfect because it allows us to pray for the dead in perfect union with God's Will, as we are not aware of precisely what they need for their salvation, but God is. For the same reason, we also pray that "Lord have mercy." for the living. Another thing we must pray for is the forgiveness of sins. Our bodily death is the result of sin, the first sin of Adam and Eve.



"For I have no pleasure in the death of anyone, says the Lord God; so turn and live." (Ezek 18.32).

We must think of these prayers the same way we think of the prayers said for those still living with us. Saying prayers for others is essential to their and OUR salvation. We must also remember that God does not ask more of us than we are capable of, and even He sent His Son to die. So "... turn and live." (Ezek 18.32) and live well, always praying and preparing hopefully for our salvation and the salvation of others, both living and dead.

-Written by Lillian Baron

CAUGHT YOU LISTENING

WITH MRS. SYLVIA DORHAM



February 7

GOSPEL: MATTHEW 25:31-46

Today's Gospel tells us something about Jesus' priorities.

He wants us to give food, drink and clothing to those in physical need. But Jesus is also interested in making us feel closely united to each other in a loving community. He asks us to give ourselves to others in two different ways. What are they? How do we know they are important to Jesus?

Write the letter of the alphabet indicated. (A=first, B= second, etc)

23rd___, 5th___, 11th___,3rd___, 15th___, 13th___, 5th___, 1st___, 14th___, 4th___.

22nd___, 9th___,19th___, 9th___, 20th___,16th___, 5th___, 15th___, 16th___, 12th___, 5th___.

February 14

GOSPEL: MATTHEW 6: 14-21

God sees the bad things you do in secret, but he also sees the good things you do in secret! What will God the Father do when he sees you doing good things in secret?

Unscramble the words to find out!

EHLILWDRAEWRUOY.





CAUGHT YOU LISTENING

February 21

GOSPEL: JOHN 1:43-51

Today, we heard the story of Jesus calling some of his disciples.

Who are the disciples mentioned in the Gospel reading? Solve the clues to find out!

What do you do at a gas pump?

He took his paper and colored pencils _____ a picture.

Rhymes with a measurement of 100 centimeters.

Squirrels eat this; Body part on the end of your arm; another word for 'scream.'

February 28

GOSPEL: MARK 2: 1-12

Jesus was so famous that people crowded all around him, everywhere he went. Our Gospel reading today tells the story of people trying to get to Jesus, to hear him preach the word, and to receive a gift from him.

What gift did Jesus give to the paralytic today?

Follow the directions to change the PARALYTIC into Jesus' gift.

Directions Re-write letters here

PARALYTIC

- 1. Change the second letter to an O.
- 2. Add two S to the end of the word.
- 3. Change the 1st letter to a G and the 8th letter to an E.
- 4. Make the 7th letter the same as the 8th letter.
- 5. Change letters 4,5 and 6 from A L Y to F I V.
- 6. Reverse the 1st and 4th letters.
- 7. Reverse the 8th and 9th letters and change C to N.

04

I SPY IN MY LITTLE "I"CON

ALL SOULS & THE FAMILY ICON

All Souls Saturday is celebrated on several Saturdays throughout the year. It is always celebrated on Saturday because Christ laid in the tomb on a Saturday. This February 6th, 2021, is a day when we will commemorate our dearly departed loved ones. All Souls icons can be very different from one another. They can include icons of our patrons and the patrons of our departed family and friends.

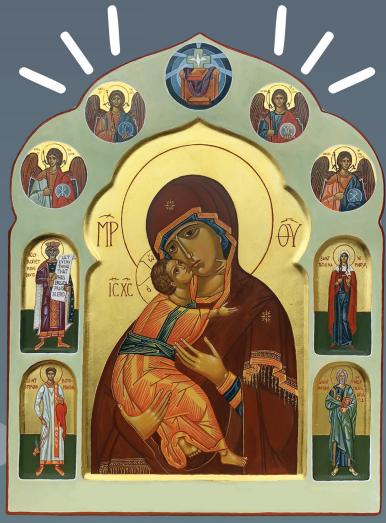
This icon has four family members represented by their Patron Saints. The Saints surround the central icon of the Tenderness.

Can you guess who the Saints are?

There is a King, a Protomartyr, an Apostle, and a Female Martyr.

There are also four angels on the icon.

They represent another four departed members of the family.



FAMILY ICON // FR. VLADIMIR LYSAK

This family icon is a beautiful way to join our prayers with our departed loved ones, the Angels, the Theotokos, King David, Protomartyr Stephen, the Apostle Andrew, and Saint Tatiana!

We are never alone in our prayers!

Which Saints would you include in your family Icon?

Can you design a layout that includes everyone in your family?



Countdown to Pascha Gregorian Edition

February 14 Cheesefare/ Forgiveness Sunday: Ask forgiveness of all in your household	February 15 Clean Monday The Great Fast Begins! Here we go!!	February 16 Clean Tuesday It's a great day to clean your room!	February 17 Clean Wednesday Practice your prostrations	February 18 Clean Thursday Learn the Prayer of St. Ephrem	February 19 Clean Friday Make Kutjia (Koliva) in honor of St. Theodore's miracle	February 20 Saturday of Theodore the Recruit Read this really cool story at ByziMom.com
February 21 Sunday of Orthodoxy Gather your icons and have a procession!	Visit someone who is sick or lonely, or maybe send them a card	Plant some basil seeds in pots today for Pascha	February 24 O Joyful Light Make beeswax candles for your icon corner	February 25 Learn about your patron Saint	February 26 Take time to look outside notice the wonderful things God has made.	Remember to practice obedience, as Jesus was obedient to his parents too!
February 28 Sunday of St. Gregory Palamas Practice prayer today!	March 1 Dust your room and think about cleaning the dust from your soul too!	March 2 Defend your faithlearn and review the concepts in the Creed	March 3 Make a chotki bracelet with 10 beads to pray with every day and night!	March 4 Learn and practice the Jesus Prayer with your new beads	March 5 The Family is made in God's image3 in 1! Review Psalm 127	March 6 Learn or review the Prayer before Communion

March 7
Sunday of
the
Veneration
of the Holy
Cross
Ma Pourto

We Bow to Your Cross!

March 8

Reveiw the litany said at Divine Liturgy and think of someone you know for each petition

March 9

Do a secret good deed for someone who is in need.

March 10

Watch for another opportunity to be a helper today!

March 11

Review and discuss the guidelines for proper behavior at Liturgy with your family

March 12

Tonight, listen for this hymn: Let my prayer ascend to you like incense..

March 13

Clean your closets today and consider donating things you've outgrown

March 14 **Sunday of** St. John of the Ladder

Step by step we're getting close!

March 15

Make "Crown of Thorn Pretzel Rolls" Get the recipe at

March 16

Be a helper like Simon of Cyrene. Help ByziMom.com someonewith a difficult

March 17

Set aside a special time to sit before your icon corner and rest with Jesus a while

March 18

Help someone whom you are tempted NOT to love today

March 19

Tonight, listen for the entrance hymn & pray with the angels when Jesus enters!

March 20

Think about the angels today and how your own angel helps you keep the fast

March 21 Sunday of St. Mary of Egypt

Learn her story and be inspired!

March 22

As we get closer to Pascha, lets practice singing the troparion... secretly, of course. It's still lent.

March 23

task today

Learn about St. Longinus today and how his eyesight was restored by Jesus. How merciful is HE?!!

March 24

After you receive Jesus in the Eucharist tonight, close your eyes and snuggle with Him a while.

March 25 The

Annunciation

Practice the prayer to the Theotokos today!

Math 26

Today is the last day of the Great Fast. Passion week is coming soon.

March 27 Lazarus

Saturday

Listen to the gospel story & think about what you would do if you saw that!

March 28 Palm/ **Flowery** Sunday

Hosannah in the Highest! Blessed is He who comes in the name of the Lord!

March 29 **Great and Holy Monday**

Mt 21:18-20 Talk with your family about ways you can be a fruitful branch.

March 30 **Great and Holy Tuesday**

Mt 24:36-28:20 Keep the light burning for Jesus in your soul!

March 31 **Great and** Holy Wednesday

Mt 26:6-16 Tonight YOU can receive HOLY **UNCTION!**

April 1 Great and Holy **Thursday**

1 Cor 11: 23-32 Spend some extra time with Jesus in prayer tonight.

April 2 **Great and Holy Friday**

Be especially quiet and soľemn today in honor of Jesus suttering and death.

April 3 Great and Holy Saturday

Help your family prepare for the celebration to come.... Tomorrow is PASCHA!

WATCH NEXT MONTH FOR THE JULIAN PASCHAL EDITION OF THE **COUNTDOWN TO PASCHA CALENDAR!**



KNOW YOUR FAITH

WHY DO WE PRAY TO THE SAINTS?

Consider what scripture says:

Romans 12:4-5 Just as each of us has one body with many members, and these members do not all have the same function, so in Christ, we who are many, form one body, and each member belongs to all the others.

1 Corinthians 12:12-13 For even as the body is one and yet has many members, and all the members of the body, though they are many, are one body, so also is Christ. For by one Spirit we were all baptized into one body, whether Jews or Greeks, whether slaves or free, and we were all made to drink of one Spirit.

1 Corinthians 12:26-27 If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it.

In short: Each individual soul that God created, be it in our present time, in the past, or in the future to come, is a "part" of a greater "Whole" which is the body of Christ. We are each individual, yet we are ONE in Him, sharing joys and sorrows in Him, strengths and weaknesses in Him, and even life and death in Him.

Next, we consider this:

Romans 8:38-39 For I am sure that neither DEATH nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

So...Death does not separate us from the love of Christ; we are still part of the Body of Christ even after death! Just as our body has two parts, (physical body & spiritual soul), so too does the Body of Christ have two parts:

- Earthly souls (what we call the living) and
- Heavenly ones (those we call the dead)!

There is only ONE body of Christ.

Ephesians 4:4 There is one body and one Spirit—just as you were called to the one hope that belongs to your call—

Now, what exactly is this "Body of Christ", you ask?

Ephesians 1:22-23 And he put all things under his feet and gave him as head over all things to the church, which is his body, the fullness of him who fills all in all.

Colossians 1:18 And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent.

OK! So now we know that the Church is the Body of Christ, and that those who belong to the church, whether alive or dead are not separated from Christ, but are members of that living Body of Christ, the Church and function through Him still! Nothing separates us! We're all ONE!

FEBRUARY

CROSSWORD

PUZZLE

1. BLAISE 2. JERUSALEM 3. CYRIL 7. MELETIUS

ACROSS

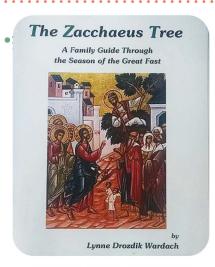
4. LEO

5. RECRUIT

6. BAPTIST

9. AGATHA

10. BASIL



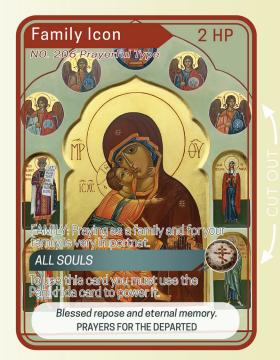
THE ZACCHAEUS TREE

Have you ever wished there was something similar to the Christmas Jesse Tree activity to help you better prepare your children for Pascha? When friends began to implement my Jesse Tree Guide, this became a frequent request and so I began to compile The Zacchaeus Tree. This daily guide will lead the entire family from Zacchaeus Sunday right through to the Resurrection.

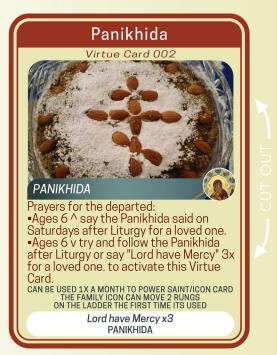
ZACCHAEUS SUNDAY IS JANUARY 17/ FEBRUARY 14!

AVAILABLE AT BYZIMOM.COM/ GIFT-SHOP

THE LADDER TO VIRTUE CARD GAME



Every month there will be a new SAINT/ICON CARD and virtue card. The objective is to move the SAINT/ICON CARD up the ladder to VIRTUE. The VIRTUE CARD entails an objective that must be completed before the SAINT/ICON card can move up on the ladder. We suggest parents give their ByziKids an incentive towards reaching the goal. By the end of the year your ByziKid will have learned about 12 different SAINTS/ICONS and have learned 12 new virtuous habits!



JANUARY SAINTS CROSSWORD PUZZLE 4 5 **ACROSS**

DOWN

- 1. HIEROMARTYR AND BISHOP OF SEBASTE, OFTEN INVOKED FOR THE HEALTH OF DOMESTIC ANIMALS AND PROTECTION FROM WILD BEASTS.
- 2. THE ENCOUNTER OF OUR LORD TOOK PLACE AT THE TEMPLE IN _____.
- 3. ONE OF THE ENLIGHTENERS OF THE SLAVS, WHOSE REPOSE WE COMMEMORATE ON FEBRUARY 14.
- 7. ARCHBISHOP OF ANTIOCH WHO FOUGHT ARIANISM; HE ORDAINED THE FUTURE BASIL THE GREAT AS A DEACON, AND BAPTIZED JOHN CHRYSOSTOM.

18 Byzi Kids // FFB 2021

10

- 4. POPE OF ROME WHO NOT ONLY DEFENDED THE FAITH AGAINST FALSE TEACHINGS, BUT ALSO DEFENDED HIS COUNTRY AGAINST BARBARIANS.
- 5. THE GREATMARTYR THEODORE, OFTEN INVOKED FOR THE RECOVERY OF STOLEN ARTICLES, IS CALLED TYRO, WHICH MEANS THIS.
- 6. THE 1ST AND 2ND FINDINGS OF THE HEAD OF THE HOLY GLORIOUS PROPHET AND FORERUNNER, JOHN THE ____, ARE COMMEMORATED THIS MONTH.
- 8. SAINT KNOWN AS 'STRATELATES,' WHICH TRANSLATES TO 'THE GENERAL.'
- 9. A YOUNG WOMAN MARTYR FROM PALERMO, JUST 15 YEARS OLD, WHO DIED AT SICILY.
- 10. COMPANIONS AND VENERABLE CONFESSORS COMMEMORATED IN THE MONTH OF FEBRUARY, PROCOPIUS AND _____.

It's All Greek To Me!

WITH FATHER SEBASTIAN

PSYCHE

This month we remember the souls of those who have gone before us. The word "soul," in English, is often used in the English Bible to translate the Greek word psyche (pronounced pseihcae). In Greek, this word can have a range of meanings. It will sometimes mean mind, spirit, soul, idea, and a myriad of other things. It comes into English in many words. The word psychology

comes from two Greek words: *psyche* and *logia*. *Logia* means things or words. Thus, *psychologia* or, as we have it in English, *psychology*, means things or words or the study of such related to the *psyche*, the mind. The word *psychiatry* is another combination of two Greek words. The root *iatri* relates to healing and the medicine. Thus, *psychiatry* means "*healing of the mind*."

REV. SEBASTIAN CARNAZZO, PHD IS PASTOR OF ST. ELIAS MELKITE CHURCH IN SAN JOSE, CA (STELIASMELKITE.ORG) AND TEACHES ONLINE GREEK CLASSES FOR KIDS THROUGH
THE ACADEMY OF CLASSICAL GREEK (ACADEMYOFCLASSICALGREEK.COM).

THE MATTHEWS



BY J.E. WINGERTER



N N S	N O M] L	WED	7 === -		SAT
GREGORIAN CALENDAR	1 TRYPHON, MARTYR	+ 2 ENCOUNTER WITH SIMEON	PROPHET SIMEON & PROPHETESS ANNA	4 VEN FRISIDORE OF PELUSIUM		f 1ST ALL SOULS SATURDAY
JULIAN CALENDAR	VEN. MACARIUS THE GREAT	EUTHYMIUS THE GREAT	MAXIMOS THE CONFESSOR	HOLY APOSTLE TIMOTHY	MARTYR CLEMENT BISHOP OF ANCYRA	VENERABLE XENIA OF ROME
7 SUNDAY OF MEATFARE	★ GREAT MARTYR THEODORE	₩OMAN MARTYR APOLLONIA	HOLY MARTYR CHARALAMPAS	11 PRIEST MARTYR BLAISE OF SEBASTE	HOLY FR MELETIUS OF ANTIOCH	13 Ven Fr. Martinian
GREGORY THE THEOLOGIAN	VEN XENOPHONE & MARY	JOHN CHRYSOSTOM, ARCHBISHOP OF CONSTANTINOPLE	VEN EPHREM THE SYRIAN	IGNATIUS OF ANTIOCH	3 HOLY HIERARCHS	CYRUS & JOHN UNMERCENARIES
(4) CHEESEFARE/ FORGIVENESS SUNDAY	CLEAN MONDAY HOLY APOSTLE ONNESIMUS	HOLY MARTYRS PAMPHLIUS, PORPHYRIUS, COMPANIONS	HOLY GREAT MARTYR THEODORE OF TYRO	HOLY FR LEO THE GREAT OF ROME	HOLY APOSTLE ARCHIPPUS	MIRACLE OF THE BOILED WHEAT
ZACCHAEUS SUNDAY	ZACCHAEUS SUNDAY LORD WITH SIMEON	HOLY APOSTLE TIMOTHY	ISIDORE OF PELUSIUM	MARTYR AGATHA OF SICILY	BUCOLUS, BISHOP OF SMYRNA	PARTHENIUS, BISHOP OF LAMPSACUS
21	27 O 22	NATONA TOTAL		25.112.40.47.40.10.10	HOLY FR	21 0 114 0140
SUNDAY OF SUNDAY OF THE PUBLICAN AND THE	RELICS OF THE MARTYRS AT EUGENIA MARTYR	POLYCARP HOLY MARTYR		OF CONSTANTINOPLE HOLY FR MELETIUS	POŘPHÝŘIUS OF GAZA	SATURDAY HOLY MARTYR
PHARISE SUNDAY OF GREGORY PALAMAS	NICEPHORUS NICEPHORUS NICEPHORUS NICEPHORUS	CHARALAMPAS SCAN ME TO FIND	BISHOP OF SEBASTE	OFANTIOCH	VEN TK. MAKIINIAN	AUXENTIUS
SUNDAY OF THE PRODIGAL SON	A A A C O	OUR ONLINE ACTIVITIES!		*		
GREGOR .	SIGREGORIAN FASTING DAYS O:JULIAN		FASTING DAYS BOTH FASTING DAYS SACTIVITY ONLINE SACTIVITY ONLI	DAYS :ACTIVITY ONLINE	NLINE +: FEAST DAY	>

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