

Dormition Fast Flower Vase

Here is a simple idea to help your children count down the days until the Feast of the Dormition! We took a simple poster board and drew a vase on the bottom. Then, the children worked together to create one flower for each day of the fast with construction paper. In the evening, at family prayers, we added a flower to the poster until we had a bouquet for the Theotokos on her feast!

You can also use the poster for decoration in a party for the feast day! Serve flower-shaped foods and invite friends over for a celebration. Dressing up like the icon is always a big hit with all ages and you can use this as an opportunity to teach the meaning behind the icon.

-Written by Jocelyn Abyad



The spiritual powers receive her with honors due to God, and she who is truly the mother of Life departs unto life, the lamp of Light which no man can approach, the salvation of the faithful and the hope of our souls.



THE FEAST OF
DORMITION, GREAT
VESPERS, LETE, TONE 2