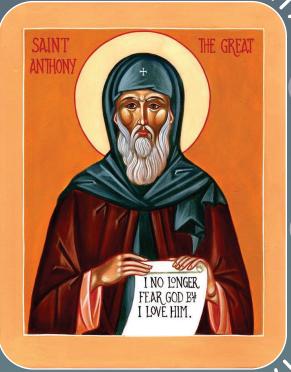
## SPY IN MY LITTLE "I" CON

SAINT ANTHONY

This is Saint Anthony the Great, the father of monasticism.

He is famous for his "temptations" which inspired many stories and works of art. His written thoughts are collected in the Sayings of the Desert Fathers.



ST. ANTHONY BY FR. VLADIMIR LYSAK

## Do you see the scroll with the writing on it?

This is a famous quote of St. Anthony.

Do you fear God?

Do you Love God?

Can we do both or just one?

He is often depicted surrounded by wild, repulsive beast representing demons. He also wears the simple monastic hood adorned with a cross, dark mantle, and a lighter tunic belted around the waist.

Can you think of what animal might represent the vices?

What kind of animal would you choose for greed, fame or power?

What virtues do you need to overcome these animal vices?

Let us pray that St Anthony will intercede in helping us to overcome our own temptations in life.