

Names of the Seven Sleepers of Ephesus

Maximilian, Iamblicus, Martinian, John, Dionysius, Exacustodianus, and Antoninus are the names of the Seven Sleepers of Ephesus. Now that we know their story, how can we remember their names? We have an idea. Let us show you!

When a blacksmith puts shoes on a horse, they say the horse is *shoed*.

When you cover yourself with a blanket, you are *blanketed*.

When there is a ring around something, they call it a *ringed object*.

So when you're getting ready to go to sleep, and you put your jammies on, you're.....

JAMMIED!

This is how we will remember the names of the Seven Sleepers of Ephesus!

John

Antoninus

Maximilian

Martinian

Iamblicus

Exacustodianus

Dionysius

